

Capital Region NY Stroke Network

Collaborating for Success

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Presenter Disclosure Information

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FINANCIAL DISCLOSURE:

No relevant financial relationship exists

UNLABELED/UNAPPROVED USES DISCLOSURE:

No disclosures

Who we are...



Bellevue Woman's Center

Ellis Health Center

Ellis Hospital



Albany Memorial Hospital
Samaritan Hospital

Northeast Health



American Heart Association®

American Stroke Association®

Learn and Live®

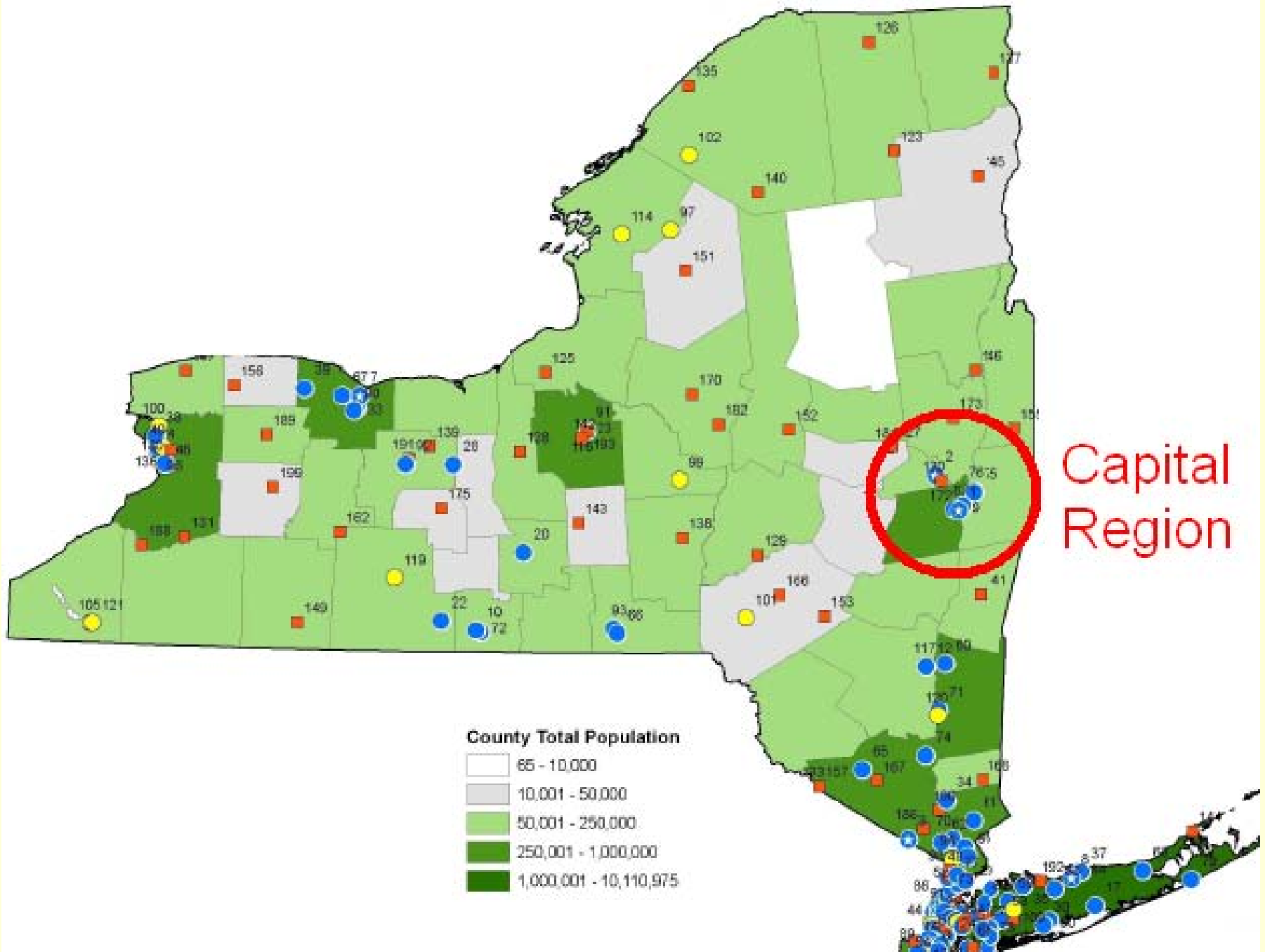


St. Peter's Hospital

A Member of St. Peter's Health Care Services

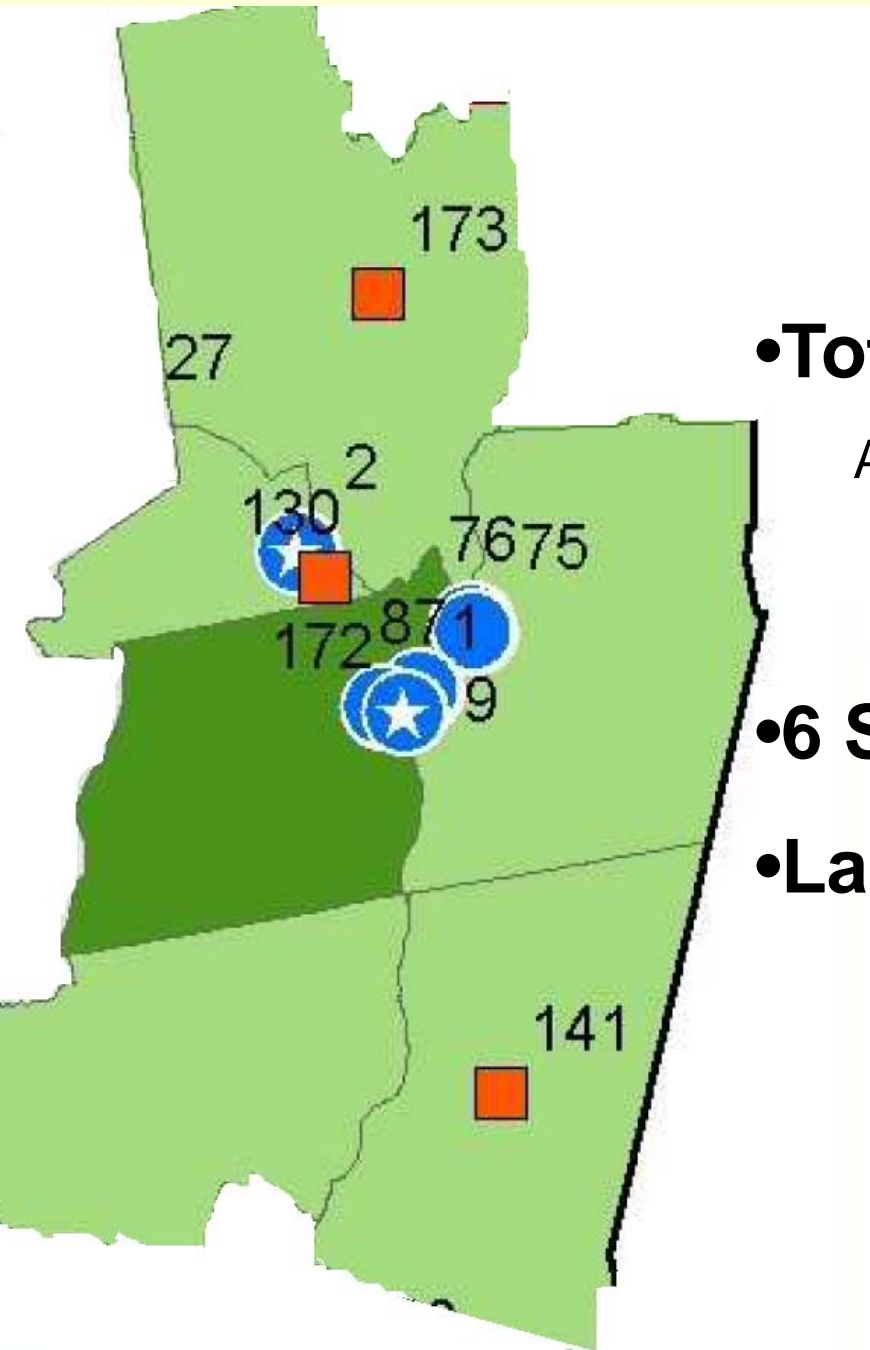
Background

- 2006 - Capital Region Stroke Task Force
 - New York State Health Department
 - Area stroke centers
 - American Heart/Stroke Association
- 2009 – Stroke Coordinator Group
 - Collaborate to meet NYS DOH requirements including data collection, quality improvement and EMS Education



Capital
Region

Capital Region - NY



- **Total population – 933,007**

Albany, Columbia, Greene, Rensselaer,
Saratoga, Schenectady counties

(2008 Census estimate)

- **6 Stroke Centers**

- **Land area – 3479 square miles**

The Capital Region Stroke Network

- **Patient focused group**
 - Non-administrative lens
- **Trust among group members**
- **AHA/ASA as conveners**
- **Sharing**
 - Failures
 - Successes
- **Equal voice**
- **Frequency of meetings**
 - Quarterly

Stroke Community Education Campaign

- DOH led campaign efforts
- Stroke networks provided feedback and guidance
- Stroke centers contributed equal monetary amounts for TV ad campaigns
- Power of one unified message to the community

Regional EMS Stroke Education

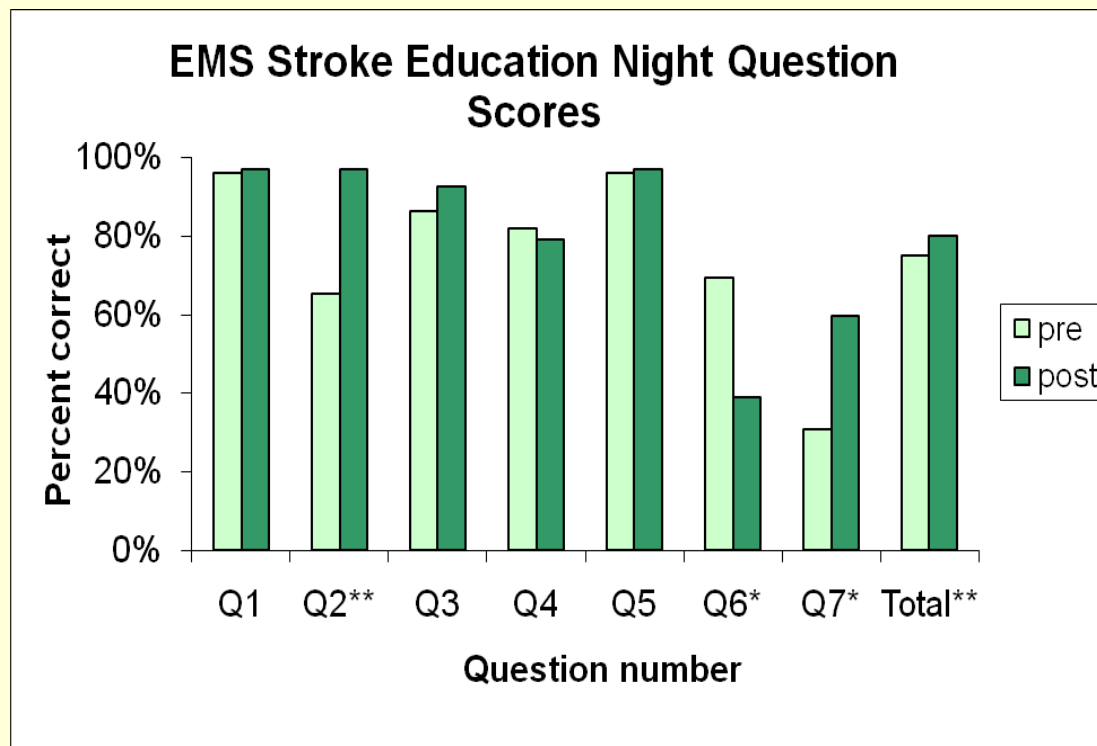
- NYS DOH requires stroke centers to conduct two EMS trainings each year
- Capital Region group collaborated to meet that requirement
 - 2 large regional events in 2009 instead of 12 small events
- Equal financial commitment from each stroke center

EMS Education Evaluation

- **Attendance**

- 103 EMS providers attended with equal participation from paid and volunteer services.

- **Pre/post stroke knowledge**



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EMS Education Evaluation

- **Qualitative Results**
 - Pre/post satisfaction survey for stroke coordinators
- **Pre Event – Challenges included...**
 - Cost
 - Marketing the program
 - Securing speakers
- **Post Event - Very satisfied with...**
 - Collaborating with other stroke centers
 - Financial contribution
 - Dedicated staff time
 - Program speakers
 - Program content

Lesson Learned

- **Establishing a group focus is critical**
 - 2006/07 – community education w/ DOH
 - At conclusion of project, group struggled with a focus area and member interest waned
- **Defining our focus**
 - 2008/09 - group reconvened under the goal of providing regional EMS stroke education events
- **Future focus**
 - Data abstraction
 - Guideline updates

An ancient proverb says...

“Many hands make light work”



Any Questions?