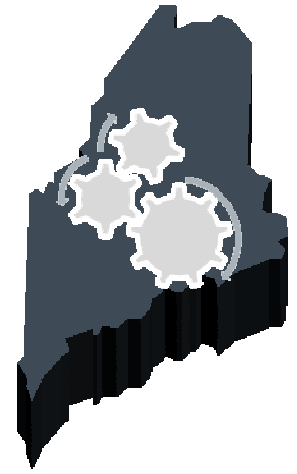


MAINE

Stroke Systems of Care Inventory



Danielle Louder – CVH Specialist
Maine Cardiovascular Health Program
Maine Center for Disease Control and Prevention

Dennise Whitley, MHA
Director of Advocacy - Maine
American Heart Association/American Stroke
Association-Founders Affiliate



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Brenda M. Harvey, Commissioner

Cardiovascular Health Program



Growing Partnerships....

- “Stroke Care in Maine” initiative
 - Stakeholder workgroup initiated in Fall 2006 (CVH Program, AHA/ASA, health systems, EMS, hospitals, acute, sub-acute, rehab and specialty providers, Stop Stroke)
 - State-wide conference focused on stroke systems of care - September 2007
 - Additional champions identified
 - Heightened state-wide interest and awareness
 - Further prioritization of next steps on local, regional, state



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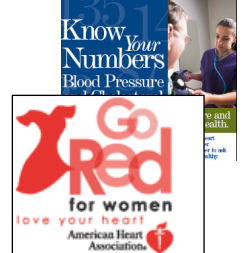
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Primordial & Primary Prevention

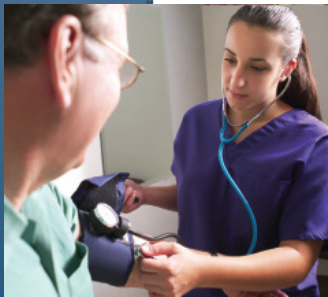
- Risk Factor Education/Awareness Initiatives

- Mission Possible/Know Your Numbers
- Collaboration between Maine CDC programs
- State-wide community initiatives and resources



- Provider Interventions

- Risk Factor Management & Self-Management Projects with Primary Care Providers
 - Promotion of system change and quality of care
 - Improved management and control of patients' high blood pressure and high blood cholesterol
 - State-wide sharing of innovative strategies to promote collaborative care process



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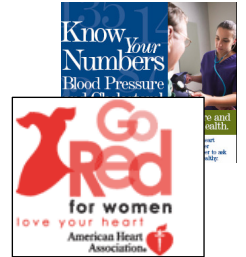
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Primordial & Primary Prevention

- Women and Cardiovascular Health
 - Women and Heart Health Spokesperson Trainings
 - Go Red For Women Governor's Proclamation
 - Go Red For Women State House Press Conference
 - "On the Edge of Awareness" – Annual Go Red for Women Event



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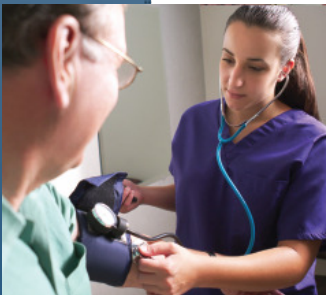
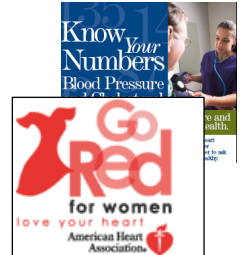


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Primordial & Primary Prevention

- Advocacy Education Initiatives

- Youth Obesity Awareness Day-Legislature
- The Power of Women: Maine Women's Legislative Caucus HEART Luncheon
- Governor's Proclamation designating May as American Stroke Month
- Stroke Awareness Day- Legislature: Distribution of "Controlling High Blood Pressure," Legislative Policy Brief, Council of State Governments



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Community Education

- State-wide Stroke Awareness Campaign
 - www.healthymainepartnerships.org/mcvhp
- *Maine HeartSafe Communities*
 - 135+ towns and cities and one college campus
 - > 371, 700 residents
- Healthy Maine Partnerships
 - Integration of stroke/911 awareness into state-wide community coalition initiatives
- Participation in NECC Community Education Writing Group



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Notification & Response of EMS for Stroke



- 100% completion of state-wide EMD training, according to 2006 legislation
- 2008 state-wide protocol update – adoption and utilization of Cincinnati Stroke Scale
- Transition to state-wide electronic run reporting
- Planning underway: state-wide system to ensure seamless transition to referral centers



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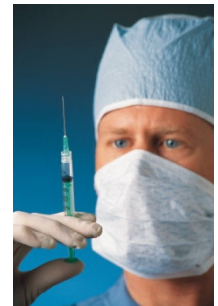
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Acute Treatment for Stroke

- Regional Stroke Initiatives implemented by two of three large health care systems
 - Regional PACS initiative to support telemedicine consults, including adoption of regional algorithm (18 hospitals)
 - System-wide needs assessment and intervention planning (8 hospitals)
- Protocol and process enhancements throughout many stroke survey hospitals



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Subacute and Secondary Prevention

- Regional stroke initiatives also addressing sub-acute protocols/processes
- Development of sub-acute protocols to address secondary prevention and case mgmt. among stroke survey hospitals



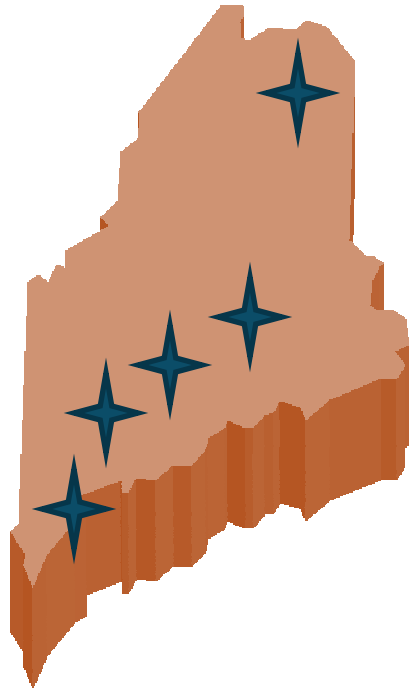
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Rehabilitation of Stroke Patients



- Rehabilitation represented at state and systems levels
 - Stroke Care in Maine workgroup
 - Maine Health 'Stroke Task Force'
- New England Rehab Hospital in Portland
 - Joint Commission disease-specific certification for stroke*
- Plans: Education around rehab levels and immediate screening



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*NERH-P surveyed by Joint
Commission 9/19/07:
preliminary recommendation
received, formal recommendation
pending



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Continuous Quality Improvement

- JCAHO Primary Stroke Centers
 - 2006 – Maine had zero
 - 2007 – Two formally certified, with an additional three in progress
- Growing support and usage of GWTG among hospitals and providers
- Maine HeartSafe Communities – further evaluation and enhancements as a “CDC Promising Practices” initiative



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Future Direction



- Implementation of appropriate interventions: state-wide, regional, systems and local levels

- Work with identified champions to increase regional capacity

- Link regional efforts where possible to promote and support common state-wide efforts



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Thank You!

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