

CONNECTICUT

Stroke Systems of Care Inventory

CONNECTICUT DEPARTMENT OF
PUBLIC HEALTH

Keeping Connecticut Healthy

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Primordial & Primary Prevention

- Heart Disease and Stroke Prevention Programs targeting Black residents:
 - Four Programs: Hartford, New Haven, Bridgeport, New London
 - BP & Cholesterol Control, Signs & Symptoms Recognition, Physical Activity/Nutrition, etc
 - PHHS Block Grant Funded approximately 50k each annually

Primordial & Primary Prevention

- Heart Healthy Women Program
 - 500K annually from state legislature (thank you AHA!) for local municipalities
 - Current RFP for programs \$10K – 100K with 50% match
 - BP & Cholesterol Control, Signs & Symptoms Recognition, Physical Activity/Nutrition, etc

Community Education

- Radio and Print PSAs - CT DPH, AHA and the State African American Affairs Commission.
- Power to End Stroke Events
- Stroke Symptom Cards
- DPH Signs & Symptoms Fact Sheet



The Dream isn't
Accomplished
Until all the Issues
are Resolved

FINISH THE DREAM

Get the Facts about Black women and stroke at www.strokestateofmind.org
and call your health care provider today about testing for
high blood pressure, high cholesterol, and diabetes.

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www.strokestateofmind.org

A CLEAR CASE OF BLACK WHITE

Black women in Connecticut are three times
more likely to die from a stroke before
the age of 75 than white women*

*2001-2002 data from the Connecticut State Health Department
stroke prevention campaign based on data from age
group 65-74, age-adjusted, and stroke.

www.strokestateofmind.org

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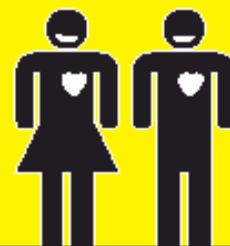


IMPORTANT FACTS THAT YOU SHOULD KNOW ABOUT STROKE

Black women in Connecticut are the group most disproportionately impacted by stroke. Use the information in this brochure to reduce your chance of becoming part of the statistic.

Stroke Warning Signs

1. Sudden numbness or weakness of the face, arm or leg, especially on one side of the body.
2. Sudden confusion, trouble speaking or understanding.
3. Sudden trouble seeing in one or both eyes.
4. Sudden trouble walking, dizziness, loss of balance or coordination.
5. Sudden, severe headache with no known cause.



If you experience any of these symptoms call 911 Immediately

Funded by the CT Dept. of Public Health.

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Notification & Response of EMS

- HEARTSafe – started in 2006 in CT, 14 communities recognized.
- 52% of adult acute care hospitals do not have a pre-hospital “Stroke Alert Protocol” for EMS services
- Focus of Connecticut Stroke Plan (01/08)

Acute Treatment for Stroke

- Connecticut currently has 8 JCAHO Primary Stroke Centers
- Data from DPH Hospital Stroke Care Survey (2006)
 - 2/3 reported formal stroke protocol
 - 52% reported acute ‘stroke team’ or multi-disciplinary group to evaluate within 15 minutes
 - All reported T-PA available 24-7
- Connecticut Primary Stroke Center Designation Program
 - Criteria based on Brain Attack Coalition recommendations
 - Developed with input from Connecticut Acute Care Hospitals – estimated launch date Fall 2007
- “Know Stroke” Nurses Conference with AHA
 - CT Hospitals more likely to provide CE credits for cerebrovascular disease to physicians (55% of hospitals surveyed) than nurses (35% of hospitals surveyed)

Subacute and Secondary Prevention for Stroke

- Stroke Center Designation Program Criteria
 - Patients who survive the acute stroke experience and their families receive thorough instruction on signs & sx of stroke, effects and prognosis, potential complications, needs and rationales for tx, compliance instructions for risk reduction programs, post stroke support services
- Diabetes Management initiatives
- Stroke Plan focus

Rehabilitation of Stroke Patients

- Life After Stroke Conferences
- Stroke Support Groups
- Stroke Rehab active participant in CT Stroke Care Committee
- Stroke Plan focus

Continuous Quality Improvement Initiatives

- Primary Stroke Center Designation Program
- CT DPH assigned a nurse consultant in July 2007 to oversee Stroke Center Designation Program & ongoing QI activities
- Nursing Education Conference – “Know Stroke” next conference November 07

Summary and Future Direction

- Development of Connecticut Stroke Plan beginning approx 01/08
- Implement Primary Stroke Center Designation Program
- Promote Telemedicine for stroke in Connecticut
- Continue to work with Stroke partners to implement stroke plan recommendations
- Continue to support community level stroke prevention activities